JUST YOUR EARS PIERCING AFTERCARE FOR LOBES

CLEAN TWICE A DAY OR AS NEEDED FOR 6 WEEKS. 6 MONTHS TO FULLY HEAL









1. SPRAY

2. WIGGLE

3. INSPECT

4. PAT/AIR DRY

SALINE ON FRONT & BACK BACK & FORTH 1-2 TIMES LET SIT 10 SECONDS

EARRINGS ARE "LOOSE" AND IN THE NOTCH USING PAPER TOWEL, NO O-TIPS OR COTTON BALLS

- 1. Wear piercing earrings on the loosest setting and in the notch for 6-8 weeks. Tightness can cause embedded earrings. The security notch helps prevent earrings from easily coming off. Tug firmly to remove.
- 2. Wear earrings at ALL times, 24/7, holes can close within minutes/hours. For irritated ears, leave earrings IN, figure out the irritation and fix the problem. Common Irritations- too tight, too short, metal allergy or trauma/tugging.
- 3. Don't touch, twist or take your earrings out during the initial 6 week healing period. Ear lobes will take 6 months to fully heal on the inside.
- 4.NO swimming immediately following a piercing, wait at least 7 days. If you choose to swim, clean well right after.
- 5. Change after 6-8 weeks. Choose quality, small, straight post studs. No dangles or circular hoops for 6 months. We carry hard to find flat back sleeping earrings, baby hoops and earrings that do not make even sensitive ears hurt!
- 6. When changing, use vaseline to lubricate earring posts for 6 months to avoid irritation on the inside of the lobe. Avoid changing too often for 6 months.
- 7. To avoid hole closures, wear earrings at all times for about 1 year.
- 8. Warm saline soaks help with piercing irritations. Mix 1 cup hot water and ½ tsp non iodized sea salt, soak ear for 3-5 min or wad up paper towels to make a warm compress. Soak twice per day in addition to regular cleaning.
- 9. Don't use ointments like Bactine/Neosporin, we want a tunnel not a scab.

TROUBLESHOOTING, TEXT FOR HELP 206 719-2644

WE CARRY QUALITY EARRINGS. SPARE PARTS & ACCESSORIES

- PLASTIC EARRINGS PARTS/BACKS
- STAINLESS EARRINGS/BACKS
- TITANIUM EARRINGS/BACKS
- EMERGENCY TRAVEL & CARE KIT

- FLAT BACK EARRINGS
- SLEEPING/COMFORT EARRINGS
- EAR CUFFS
- HOOPS & DIAMONDS.